

Utah DanceSport Championships
Information, Rules & Procedures
Located at Thanksgiving Point
Saturday, February 7, 2009

GENERAL INFORMATION

Admission General: \$10 per person. Competitors will pay \$10.00 per person door charge and an additional fee per dance event (**See front page**). Team Categories will pay \$10.00 per person at the door & the team will pay \$25 per dance.

SCHEDULE & COMPETITOR RULES

9:00 a.m. Doors Open / Competitor check-in / Late Registration

- First event starts at 10:00 a.m.
- For the Team show division a Team may enter any type of routine (i.e. solo, cabaret, 4 couple). Please list the title(s) with a 3 minute time limit for each number. Each team is limited to three routines. Team directors should submit a separate entry form for the show division. Please be aware that in the show division you may also add medleys.
- Any event with less than three entries may be cancelled.
- All infringements to the restricted syllabus will be reported to the Chairman of Judges. If an infraction occurs during preliminary rounds the couple will be given a warning. If the infraction occurs in subsequent rounds or in the final, the couple will be disqualified. See "Syllabus" below.

SYLLABUS - AGE CATEGORY CLASSIFICATIONS

Participation in the syllabus events is based upon the current grade in school of the competitor according to the following designations:
PeeWee = K – 2nd Grade **Elementary School** = 3rd – 6th Grade **Junior High School** = 7th – 9th Grade **High School** = 10th – 12th Grade

OPEN - AGE CATEGORY CLASSIFICATIONS

Pre-Teen: Competitors who are 11 years old and younger. Those who are registered as "Pre-Teen" competitors may dance up one age classification to the "Junior" category. If registered as a Pre-Teen competitor you may not dance in the Youth category. Those who are 11 and younger may choose to register for Junior and not Pre-teen and the rules below will follow.

Junior: Competitors who are 12-15 years old. Those who are registered as "Junior" competitors may dance up one age classification to the "Youth" category. If registered as a Junior competitor you may not dance in the Adult category. Those who are 12-15 yrs old may choose to register for Youth and not Junior and the rules below will follow.

Youth: Competitors who are 16, 17, or 18 years old. Nineteen-(19) year olds may also dance as youths until they have graduated from "High School". "Youth" competitors may concurrently dance up one age classification into the "Adult" category.

ENTRY RESTRICTIONS

- ◆ Pre-Teens, Juniors & Youth competitors who dance a championship event may not dance in the syllabus event of the same style.
- ◆ Pee-wee, Pre-Teen, Junior & Youth competitors are allowed to dance up ONE age division in all styles. Youth competitors will be allowed to dance in as many adult categories (Adult Novice, Pre-Champ and Amateur) as they wish to enter. Additionally, couples who enter the Youth Syllabus events may not enter the Adult/College events in the same styles.

SYLLABUS

All couples competing in the "Syllabus" categories are restricted to Bronze, Silver and Gold figures from approved syllabi of member organizations of the N.D.C.A. Couples will be expected to dance within the framework of the accepted syllabus, including precedes and follows. Steps must be danced in their entirety and without excessive embellishment. Couples dancing out of syllabus will be disqualified.

DRESS and/or COSTUMING

***Syllabus Couples:**

Gentlemen: 1) Button-up white-dress shirt with black tie (bow tie allowed). 2) Black dress pants (high wasted pants allowed). 3) Black shoes (no "Cuban" heels for pee-wee & pre-teen boys are allowed). 4) Optional black vest, black sweater, black suspenders or black cummerbund is allowed.

Ladies: 1) Solid white top with matching sleeves. 2) Solid black, single layer, skirt (knee length or lower), slits not to exceed 3" above knee. One ruffle (of the same fabric as the skirt) up to eight inches will be allowed, but must go around the entire bottom of the skirt. 3) No fishing line, wire, etc., will be allowed in the hemline, including the ruffle. 4) No pleats or uneven hemlines allowed on the skirt. 5) No belts, sashes, ties, cummerbunds or similar item allowed. 6) Regular cut dance trunks must be worn. 7) No sequins, rhinestones, feathers, glitter, fringe or similar decorations will be allowed anywhere; including on the top, skirt, face or hair. 8) Any dress shoe is allowed (heel height for pee-wee & pre-teen girls must not exceed one and one half inches).

***Open Couples:**

Pre-teen, Junior, and Youth couples may wear the attire specified for Syllabus Couples or the attire specified for Adult Couples.

Adult Couples (Standard, Latin, American, Lindy, West Coast Swing):

Gentlemen: Costume appropriate to the style.

1. Latin shirts may be open to a point eight inches down from the Supra Sterna Notch (Jugular Notch)
2. Sheer fabric may only be worn on the arm. No sleeveless shirts.

Ladies: Costumes appropriate to the style.

1. Regular cut dance trunks and fishnet hose must be worn.
2. Straps over both shoulders of at least one-inch in width are required. If multiple straps go over a shoulder at least one strap must be the required one-inch from front to back. Halter-tops or designs that resemble them are not permitted.
3. Lower backs must be covered from a point five (5) inches above the waistline.
4. Skirts may be broken or have slits from the trunk line down, but must cover the legs to mid-thigh when not in motion
5. Cutouts, nude or sheer fabrics are not allowed.
6. Skin from the front to a point several inches behind the sides (axilla-line) must be covered.

For additional information, please contact:

Email: cdwms1@gmail.com Chris Williams (Ballroom Director)

Email: info@centerstageutah.com or call 801-224-9012.

Visit our websites www.utahdancesport.com or www.centerstageutah.com.

